

# find balance newsletter

balancecorporatemassage

balancemassage

Newsletter February 2007

Issue 16



www.balancemassage.co.nz

Perfect Products for you

## Wheat bags: \$15

Perfect heat for those tired muscles

## Ice packs: \$12

Cool down inflammation and speed up recovery

## Antiflamme crème: \$11

At home rub when you can't get into balance

## Lizzie Bee Soaps, Lotion, Bath Bombs and Body Scrubs:

From \$8 The perfect gift

This newsletter is intended for general health information and should not be relied upon without further specialized advice.

To unsubscribe: reply with "unsubscribe" in the subject line. Thank you.

**Balance Massage**

**5 Blake Street, Ponsonby**

**Ph: 09 378 0059**

## Hellos and Goodbyes!

### Goodbyes

It is with regret that we say goodbye to Sharon Webster, she has been a real asset to Balance Massage. Due to family commitments and the difficulties of commuting from Waiheke Island, Sharon has decided to focus more on building her massage practice on Waiheke and spending more time with her children.

We have started to advertise for a replacement but encourage all of Sharon's clients to continue with your massage with either Emma, Jane or Lisa. Any pre-paid massage are of course still valid with any of the abovementioned therapists.

### Hello

It is with excitement that Balance Massage welcomes on board Lynda Davenport. Lynda will bring a new dimension of healing to Balance with Facial Radiance and Rekindled Ancient Wisdom (RAW).

**Facial Radiance** is anti-aging and deeply relaxing. This massage stimulates collagen and elastin production, tones facial muscles, reduces wrinkles and fine lines and contours the whole face and neck. **One Hour \$90**

**Rekindled Ancient Wisdom** is a non-invasive, subtle but powerful energy correction using the body's own energy. RAW allows people to empower themselves and allows the self healing mechanism to switch on, allowing positive healing that provides people with the opportunity to regain their lives and live in optimum health and harmony. **One and a Half Hours \$90**

**Lynda will be available at Balance on Wednesdays from 2pm till 8pm.**

**Please phone the clinic 3780059 for bookings.**

### New Information Service For You

Mondays will bring to you the **Last Minute Massage** email. To assist those of you who are so busy you forget to make your massage booking, we will be enlightening you with what each therapist has available that coming week. All you need to do is pick up the phone to make a booking; call the clinic on **3780059**.

**For the best and fastest service please don't reply to the email, please call the clinic.**

**Winner of our Rebook in January Gift Basket was:**

PN: 09 378 0059

[jane@balancemassage.co.nz](mailto:jane@balancemassage.co.nz)

Winner of our Rebook in January Gift Basket was:

Jo

This newsletter is intended for general health information and should not be relied upon without further specialized advice.

To unsubscribe: reply with "unsubscribe" in the subject line. Thank you.

**Balance Massage**

**5 Blake Street, Ponsonby**

**Ph: 09 378 0059**

[jane@balancemassage.co.nz](mailto:jane@balancemassage.co.nz)